TER 2019 - 2020 NEWSLETT



Township





Larry Holmes 6th Ward Commissioner

James E. McGarrity

Steve D'Emilio 1st Ward Commissioner

Dear Neighbor,

Mario Oliva 2nd Ward Commissioner

Kevin McCloskey 3rd Ward Commissioner

EREOR

PENNSYLVANIA

Daniel J. Siegel 4th Ward Commissioner

Andy Lewis 5th Ward Commissioner

7th Ward

William F. Wechsler 9th Ward Commissioner

the article inside for information on what can go into your weekly brush collection, along with some helpful reminders. TOWNSHIP OF HAVERFOR

Finally, please remember to vote this November 5th and have a safe and wonderful holiday season.

Inside This Issue

Township Directory2 Township Manager's Message......4 Finance Department4 Police Department6 Mobile Parking App Coming Soon6 Leaf Collection Schedlue 2019......8 Public Notices10 Public Works: Snow Removal12 Public Works: Recycling Guidlines14 Sewer & Flood Insurance Notice......18 Home Rehabilitation Assistance......18 Library News......20 Grange Estate Events......20 Senior Citizen Services......22 Haverford Historical Society News......22 Skatium News.....24 Capital Park Improvement Update......26 CREC Special Events.....28 CREC Bus Trips......28 Health Corner30



As fall starts to loosen its grip over Haverford Township and winter sneaks in, the Township starts looking to what this season may bring. In this issue we provide information on fun programs and activities to keep the whole family busy. If you are staying local, you can read about the new mobile parking app that arrived in October to make paying for your parking around town a breeze. We have letters from our Police Department, Finance Department, and a message from the Township Manager.

Also inside you can catch up on projects going on around the Township, as well as reminders for weather related events and recycling tips.

Most importantly inside you will find the Township's leaf collection schedule. This schedule is for the curbside leaf collection that happens every year in Haverford. The Township collects about 4,000 tons of leaves every fall, reducing the amount of waste going to landfills. The Township also asks residents to be mindful



Township Directory & Important Contact Information

Haverford Township Contact Numbers

l	Township Building - 1014 Darby Road		
	Township Manager	x2232	
	Human Resources	x2233	
Code Enforcement- Permit & Contractor License			
		x2252	
	Code Enforcement-Rentals	x2256	
	Residental Use & Occupancy	x2210	
	Finance Office-Director	x2240	
	Finance - Business & Real Estate Tax Coordinator	x2242	

- Havertown, PA610-446-1000	
Finance - Accounting Clerk	x2243
Finance - Accounts Payable	ext. 2244
Finance - Accounting Coordinator/Payroll	ext. 2246
Health Department	ext. 2501
Planning Department	ext. 2254
Public Works Department	ext. 2264
Zoning Department	ext. 2253
Asst. Twp. Mgr, Haverford Reserve/Recreation	n Dept
6	10-446-9397

Township Auditor: Ross Anderson

Township Constables: Jay Zeminski Jack Cunningham

Haverford Township School District Board of Directors Haverford Township School District 50 East Eagle Rd., Havertown..610-853-5900

Business Manager/Board Secretary Robert Riegel

School Board Members Lawrence A. Feinberg, President Bridget Wiedeman, Ph.D., Vice-President Kimberly Allen-Stuck Alisa Clyne, Ph.D. Ari Flaisher Kristin Larsen Joseph P. Martin, Ph.D. P.E. Susan Mingey Salvatore Scinto

Surrey in Havertown Community Center for Older Adults 1105 Earlington Road, Havertown, PA 19083610-446-2070

Robert Casey 555 Walnut Street, 1st Floor Harrisburg, PA 17101...... 202-224-6324

US 5th Congressional District Mary Gay Scanlon 927 E. Baltimore Avenue East Lansdowne, PA 19050610-626-1913

PA 17th Senatorial District Daylin Leach 601 S. Henderson Road King of Prussia, PA 19406......610-768-4200

PA 163rd Legislative District Mike Zabel 5248 Township Line Road Drexel Hill, PA 19026......484-200-8262

PA 166th Legislative District Gregory S. Vitali 1001 East Darby Road, Havertown, PA 19083610-789-3900,

Board of Commissioners

Haverford Township is governed by nine Township Commissioners who are elected by the residents of each of its nine wards. Commissioners elect their own President and Vice-President at the beginning of each year. The Commissioners appoint a Township Manager, who oversees all Township staff. Regular meetings of the Board of Commissioners are held the 2nd Monday of each month at 7:30 p.m. in the Commissioners Meeting Room, 1014 Darby Road, Havertown, PA. Board of Commissioners meetings are broadcast live and replayed on Haverford's government access channel (Cable TV Channel 10, Verizon Channel 38 and Comcast Channel 5) at the following times: Every day at 9:00 a.m. and 7:00 p.m.

President: Andy Lewis, Vice-President: Larry Holmes



Haverford Township

2





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This is an exciting time to be in Haverford as we develop an update to the Township's Comprehensive Plan. In Pennsylvania, the Comprehensive Plan establishes the municipality's vision for future growth and development. It outlines challenges facing the community, identifies potential solutions, and provides guidance to appointed and elected officials on planningrelated decisions. The Comprehensive Plan is a living document that grows and changes with the community.

Earlier this year, the Board of Commissioners appointed Urban Research & Development Corporation as the Haverford Township Comprehensive Plan Consultant. The Board also appointed a Steering Committee to guide the development of the Plan. Input from a broad range of citizens, businesses and other community stakeholders is essential to developing and implementing a Plan that fully reflects the ideas and desires of the community. To achieve this goal, the Steering Committee will use a

Township Manager's Message

comprehensive community engagement strategy designed to maximize community input.

In the coming weeks, URDC and the Steering Committee will embark upon this public outreach effort, which will involve citizen surveys, public meetings, and discussions with members of the community. The Township will announce opportunities for community input via social media and we will dedicate a section of our website where citizens can find current information about this project. In addition, we have established an email address where citizens can send their comments and ask questions about the Comprehensive Plan CompPlan@havtwp.org. In general, the Steering Committee plans to meet on the 4th Monday of each month at 6:30 PM, and these meetings are open to the public.

We look forward to working with the community on this important project. The revised Comprehensive Plan will be the foundation for new zoning and subdivision regulations, and other Plan implementation tools intended to improve the health, safety, and welfare of our community. We hope you will participate in creating a vision for the future of Haverford Township.





The last major borrowing incurred by the Township was in October 2018 when the Township closed on a General Obligation bond issue. This borrowing refinanced old bonds (saving the Township over \$2,000,000 in future interest costs) plus provided new monies of approximately \$5,000,000 for park improvements, storm water projects, two pieces of large equipment, road paving and improvements at the Skatium. Borrowed funds typically represent the funding source for major capital expenses that will serve not only current residents and business owners, but also future stakeholders in years to come. Similar to consumers who must have a good credit score to borrow, so must municipalities. Credit-worthiness is measured largely by a formal credit rating. In 2017, the Township was upgraded to our current bond rating of

Finance Department: Public Borrowing 101

a strong AA1 from Moody's Investor Services. This is the second highest rating on Moody's scale and puts us securely in the top 10% of municipalities that Moody's currently rates within the Commonwealth of Pennsylvania.

While a bond rating formally establishes a municipality's credit worthiness, it directly affects the interest rate at which we can borrow. Naturally, a highly rated municipality will have lower interest rates than a municipality whose credit is deemed weak. The swing in interest rates can amount to thousands of dollars in annual debt services and hundreds of thousands of dollars over the course of a bond issue. While our current rating is strong, we'd like to see it enhanced even more the next time we do a large scale borrowing and go through the formal rating process. In today's public finance climate, obtaining a rating 'uptick", is not easy. Just like a household, a municipality must show its stability to pay its debts and live within its means. Other factors that are evaluated during a bond

rating are population trends, stability of the tax base and property values, labor contract obligations, existing debt levels, fund balance reserve levels, strength of management, formalized financial policies, and demonstration of how the municipality has dealt with various economic downturns (e.g. proactively restructuring to reduce costs/enhance revenues or consistently drawing down on reserves instead). We believe the enhancements we've made over the past few years plus additional financial policies that have been put in place will put us in a favorable position during our next evaluation.

The Board of Commissioners and all Township employees will continue to evaluate ways to keep our finances strong not only for bond rating purposes but also so we can continue to provide services to the residents, business owners, and visitors of Haverford Township in the most costeffective and efficient ways possible.

Haverford Township

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Police Department

Greetings from the Haverford Township Police Department!

Since 2018, we've welcomed 8 new police officers and the last 3; Officer Hughes, Uffelman and Jones are finishing their first full year with us. Lt Scott and Sgt Coleman were promoted in February and they are adjusting to their new roles.

The Haverford Township Police Department presented the Officer of the Year for 2019 to Officer Michael Travaline. The award recognizes outstanding individual performance from an officer that exhibits a commitment to their profession and exceptional achievement over the previous year.

Officer Travaline joined the police department in 2011 and is currently assigned to the Investigations Unit. He has been assigned to the patrol division, Delaware County Drug Task Force, and is also trained as a Hostage Negotiator for the Department. Officer Travaline has received a commendation of Merit, a Unit commendation and a commendation for life saving. Great Job!

We strive to prevent crime throughout the township. A very common crime we see is overnight thefts from unlocked vehicles. We encourage all residents to lock their car doors before heading to bed. A simple click of your key fob may prevent a theft. Also, if you should see something suspicious, please report it by calling 911.

The Police Dept. has responded to 29 Opiate Overdoses in 2019, where Police Officers delivered Narcan. We have helped save 90 victims since we started carrying the life-saving drug Narcan in 2014. Please help us fight the opioid epidemic by properly disposing of unused medicines from your medicine cabinets. We have a container in the Police Station Lobby where you can do so.

With winter weather approaching, please drive carefully and obey all parking regulations along snow emergency routes during winter storms. In addition, our Snow Removal Ordinance does prohibit shoveling snow or plowing snow from private property onto the roadway.

The Ardmore Avenue bridge is closed until summer 2020. Please follow detour routes as this major bridge is being rebuilt. The Manoa Road bridge is expected to be opening in the fall of 2019.

So far this year, From Jan 1st thru August 31st 2019, The Police Dept. has made 227 Arrests, issued 177 Non-Traffic Citations, 2,108 Traffic citations, and issued 2,302 warnings.

Mobile Parking App Is Coming To Haverford Township



Why park using the Whoosh by Flowbird app in Haverford Township?

Our easy-to-use app will find your location in Haverford Township by GPS locations. You select the amount of time needed for your stay with your phone. Receive a smart parking notification during your session.

You want to stay longer than expected or running late? Extend the parking time to avoid parking tickets! Forgot to pay for parking? Pay from anywhere!

Your parking session in Haverford Township will be saved in 'parking history' in the app. You can find an overview of all parking activities and costs here. All payments are electronically transmitted to Haverford Township. You get free access to the app and no subscription is required.

Whoosh by Flowbird arrived in Haverford Township in October 2019.

Representatives were on-hand at Haverford Township Day, Saturday, October 5th, 2019. Flowbird ambassadors handed out literature, as well as, visited businesses to get the word out to the public during Haverford Township Day.

For further information go to https://flowbirdapp.com/ or contact Officer Larry Howard at Lhoward@havpd.org

Haverford Township

6



THE LAUREL HILL

For The Love Of Our Pets

WHAT IS AQUAMATION? The Laurels Pet Aquamation Center at West Laurel Hill offers a gentle, eco-friendly alternative to flame cremation for pets.

- Water-based cremation process
- Releases no greenhouse gases or mercury emissions
- The process is 95% water and 5% alkali acid free
- Compared to flame cremation, it has only 10% of the carbon footprint
- · The excess solution is used to fertilize the grounds of our pet cemetery
 - · The water is returned to the ecosystem via normal waste water
 - Each pet receives a unique metal tag that follows your pet through the entire process and time in our care



FOR MORE INFORMATION, CONTACT US AT:

610.668.9900 · 225 Belmont Avenue, Bala Cynwyd PA · www.WESTLAURELHILL.com



Curbside Leaf Collection Schedule

Week of 10/28 ward 1,2,3,4 Week of 11/4 ward 5,6,7 Week of 11/11 ward 8,9 Week of 11/18 ward 1,2 Week of 11/25 ward 3,4 Week of 12/2 ward 6,7 Week of 12/9 ward 8,9 Week of 12/16 ward 5

**Clean up for all Wards, weather permitting, will be the week of 12/16

Updates to be posted weekly on social media and our website.

THE ABOVE SCHEDULE IS SUBJECT TO CHANGE DUE TO INCLEMENT WEATHER.

DO NOT BAG LEAVES!

BAGGED LEAVES WILL NOT BE COLLECTED DURING CURBSIDE LEAF COLLECTION. BAGGED LEAVES WILL BE COLLECTED WITH TRASH, INCREASING OUR COSTS & YOUR TAXES!

SIGNS WILL BE POSTED THE WEEK BEFORE YOUR SCHEDULED PICKUP.

ALL LEAVES MUST BE OUT AND READY FOR PICKUP BY 6:30 A.M. ON THE MONDAY OF THE DESIGNATED WEEK LISTED FOR YOUR AREA.

NO LEAVES ARE TO BE PUT IN THE ROADWAY. CITATIONS WILL BE ISSUED!

LEAVES IN THE ROADWAY MAKE ROADS SLIPPERY, CLOG THE STORM SEWERS AND CREATE DANGEROUS CONDITIONS

Fact: the Township collects about 4,000 tons of leaves every fall, taking them out of the landfills.

Haverford Township



Are you a beauty professional? Want to open your own salon? Call or text **484-380-5395**



\$15 OFF ANY FIRST SERVICE

*New clients only. Discount can not be combined with other offers.

Check us out and, find a beauty pro for you online: MYSALONSUITE.COM/SUBURBAN-SQUARE or just walk in: 28 East Montgomery Avenue, Ardmore, PA 19003

PHILADLEPHIA'S 1st SALON SUITE CONCEPT OPENS IN Suburban Square.....

Health and Beauty professionals now have the opportunity to BE THEIR OWN BOSS. Salon Suite concepts, such as MY SALON Suite, are coworking spaces specifically built for beauty and health professionals who want to own and operate their own businesses without opening an entire salon. Salon suites are home to independentbeauty specialists ranging from hair stylists, massage therapists, body contouring, body waxing, and estheticians, all under one roof.

Local couple Jenn and Andrew Navarro have opened the first two salon suite locations at the Lawrence Park Shopping Center in Broomall and at Suburban Square in Ardmore. They are recruiting and leasing suites to a variety of established beauty and health professionals. MY SALON Suite is designed to support entrepreneurship by providing professional and business training opportunities, local and national marketing support, client scheduling software, plus suite maintenance and utilities are included.

"There is a demand for change within

the salon industry in Philadelphia," added Andrew. "It's a wonderful feeling knowing that we are creating opportunities for individuals to start their own businesses in a space of their own but with the support of a community filled with like-minded individuals. We're excited to bring the Suite Life to Philadelphia."

INCOME

This suite concept attracts everyone from seasoned salon owners to budding entrepreneurs. They're removing the headache from running a salon and managing employees to focusing entirely on their clients and own personal growth. Many value the ability to keep 100 percent of the money they earn versus sharing a percentage of it with a traditional salon owner.

INDEPENDENCE

Perhaps the most attractive aspect of private salon suite concept is the freedom. Unlike conventional salons, this alternative, independent lifestyle is letting beauty professionals call the shots, from pricing to product and everything in between. When working in a private space, stylists are customizing the suite according to their business expertise, clients' needs and personal flair. They have the flexibility to schedule working days and hours that are most convenient for their lifestyle and their clients.

Melissa at the Lawrence Park location couldn't agree more, she says, "Being a salon suite owner has given me more freedom to spend time with my family, newborn baby, and friends. It's an empowering feeling to not have to ask permission to take a day off to do what is important for my family....I am the boss! You can do anything you put your mind to and I am so proud of myself for taking that leap of faith."

More information for beauty and health professionals interested in leasing a suite at the new MY SALON Suite in Lawrence Park or Suburban Square is available online at

www.mysalonsuite.com/lawrencepark.html or

www.mysalonsuite.com/suburbansquare.html or by calling 484-380-5395

Public Notices

Spotted Lanternely

A GROWING THREAT TO PA'S AG & EXPORT INDUSTRIES



Report a Sighting

- 1. Check if you're in or out of the quarantine zone by visiting extension.psu.edu/spotted-lanternfly.
- 2. Kill and collect the specimen by freezing it or placing it in rubbing alcohol. If you are able to, take a picture of it.
- 3. Report the sighting online at extension.psu.edu/spottedlanternfly. If you cannot access the internet, call

888-4-BADFLY (888-422-3359) toll-free. Please only use this hotline for sightings outside the quarantine zone.

Stop the Spread

- 1. Destroy all life stages of spotted lanternfly that you find.
- 2. Check your car and outdoor equipment for spotted
- lanternfly eggs, nymphs, and adults before moving within or out of the quarantine zone. Don't move firewood.
- 3. Share your spotted lanternfly knowledge with others!

Help Stop the Invasion!



<u>NO GRASS OR LEAVES</u> may be added to the brush collection; they will be picked up in your regular trash.

Okay items for Monday's Brush collection include:

• Branches: must be tied together with rope or twine, DO NOT USE WIRE.

•Brush: is to be put out in cans or bundles only.



STOP! Prevent False Fire Alarms

All buildings equipped with a fire alarm system must contact their alarm company prior to any construction activity. Alarms must be taken <u>OUT OF SERVICE</u> every morning, and put <u>BACK IN SERVICE</u> at the end of the work day.

*** VIOLATORS WILL BE SUBJECT TO FINES. ***





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Public Works: Snow Removal Haverford Township's Plan for Battling Snow and Ice Storms

Spreading Storm

Haverford Township Public Works Department approaches light storms that are expected to produce 0-2 inches of frozen precipitation as a spreading storm. The Public Works Department and PennDOT refer to these storms as spreading storms because the spreading of materials, (brine & rock salt) is the primary tool used to remove ice and snow.

Haverford Township is responsible for the maintenance of 165.07 miles of Township and state roads throughout Haverford Township. Depending upon the forecast, we will pre-treat the roadway surface with salt brine before the winter storm. Throughout the storm, we will spread materials over the length of these roads until all lanes are free of snow and ice. Depending on the temperature, we may plow to remove remaining snow and slush. An average cycle for a Township truck on these roads is one hour.



Plowing Storm A storm that is expected to produce more than two inches of precipitation is treated as a plowing event storm. The primary function of the public works crews is plowing the roadways. Do not clear the end of your driveway until the storm has stopped and the road is plowed curb to curb. This will save you work and will lower your frustration level. The Township has a goal to open one

lane of traffic in each direction on every road and later return to plow the snow back to the curb, exposing the storm water inlets. Residents are reminded of Township Ordinance #2629, which clearly states that it is unlawful for any property owner, resident, his/her contractor, agent or employee to shovel, plow discharge or otherwise place snow into any street, roadway, sidewalk, or alley within the Township of Haverford. This ordinance is strictly enforced!



Tools

The Township crews will pre-treat roadways with rock salt and salt brine before the storm. Next, we will continue to spread winter materials over the entire length of the roadways throughout the storm until all lanes are free of snow and ice.

Anti-icing, known as brine, is applied to a dry road before snow starts falling. This helps to prevent ice and snow from sticking to the pavement. Utilizing brine allows us to move from a reactive (de-icing) to a proactive approach (anti-icing). Anti-icing accelerates the melting process and promptly returns roads to their normal state. Township employees will be able to cover a larger territory by beginning treatment before the storm begins. We will use less salt as a deicer, resulting in cost savings, and less of an environmental impact on our community. Road salt remains the primary tool for treating winter storms in the Township. The Township maintains a stockpile of salt at our maintenance facility.

Snow Removal Notice

Residents are reminded to remove their vehicles from the streets as soon as the snow starts to fall. Street parking impedes the Public Works crews, delaying clean up. All sidewalks are to be cleared of snow and ice 24 hours after the snow stops falling. If your neighbor is unable to clear their sidewalk, consider pitching in to clear it out.







Public Works: Recycling

Single Stream Recycling Guidelines

Although many items display the recycling symbol, that does not necessarily mean the local recycling center has the right technology to process them. As a result, many of these so-called recyclables end up contaminating useable materials and may damage recycling equipment. Haverford Township currently takes recyclables to the Republic Services' facility in Upper Merion Township.

ACCEPTABLE ITEMS

PLASTICS

All Plastic Containers Labeled #1 - #7 with necks smaller than their bases.



Remove caps/lids, rinse. Labels and neck rings do not need to be removed.

METAL

- Aluminum beverage cans,
- Steel food and beverage cans
- Aerosol cans (empty)

Remove caps/lids, rinse. Labels do not need to be removed.

GLASS

Clear, brown, & green glass food and beverage containers.

CARDBOARD, PAPERBOARD, PAPER

- Newspapers,
- Inserts and Junk Mail
- Magazines,
- Catalogs,
- Envelopes
- All sizes of cardboard boxes
- Clean Pizza boxes
- Food boxes (ie. crackers, cereal, cake boxes)
- Empty paper towel & toilet paper rolls
- Paperboard packaging (ie. tissue boxes)
- Office and School paper (any color)
- Paper bags (grocery type)
- Phone books & other soft cover books

Be sure all packaging is removed -(ie. styrofoam, bubble wrap, peanuts, plastic liners, plastics, etc.)

Keep paper and cardboard items dry.

UNACCEPTABLE ITEMS

- Ø Broken Glass
- Ø Drinking Glasses
- Electronics or Batteries
- Ø Food-Soiled Materials
- Ø Light Bulbs
- Needles (contact with hypodermic needles can cause serious worker injury)
- Plastic Bags (including grocery bags)
- Plastic Tableware (knives, forks, etc.)
- Plastic Toys or Sporting Goods
- Plastic Tubs, Cups & Trays
- O Polystyrene Cups or Plates
- Ø Scrap Metal
- Soaked and/or Wet Papers or Cardboard
- Solvents, Oil and/or Chemical Containers
- Ø Styrofoam
- Tupperware or Disposable Plastic Containers
- Waxy Cardboard
- Windows, Mirrors, Ceramics





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Winter 2019-2020 Newsletter



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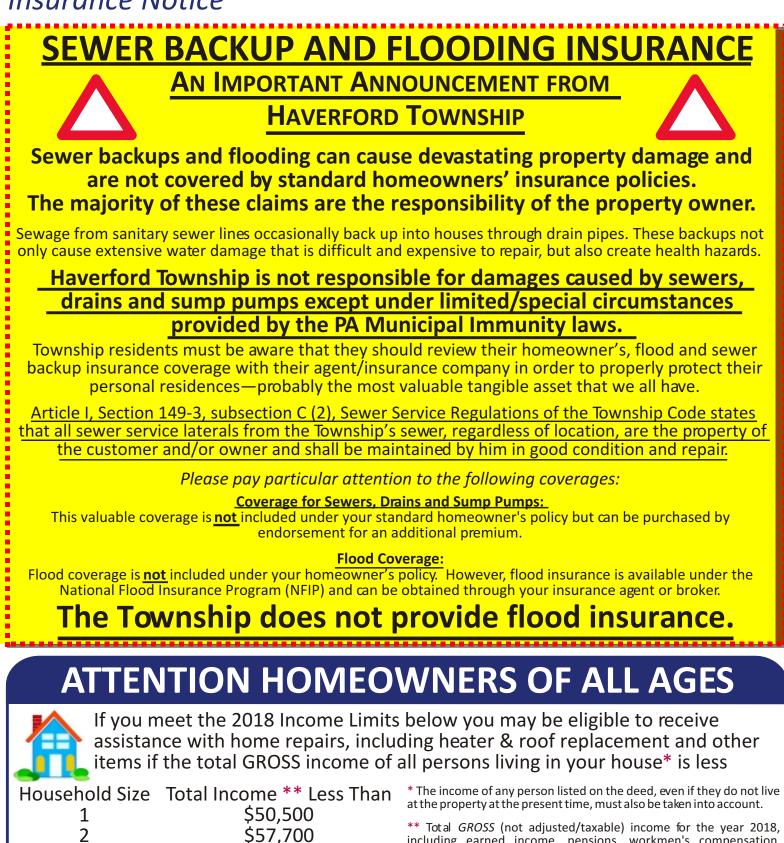


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Insurance Notice



** Total *GROSS* (not adjusted/taxable) income for the year 2018, including earned income, pensions, workmen's compensation, welfare, unemployment, child support, alimony, dividend income, interest income, social security, rents received for rental property(s), etc.

This is a Federally and State funded program operated by Haverford Township. To apply call Anthony J. Dunleavy Associates, Inc. at (610) 352-5555 and ask for a Rehabilitation Program Application. Assistance is offered on an EQUAL OPPORTUNITY BASIS. If you need language assistance due to a Limited English Proficiency, please request it when you call.

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- Contractors
- Restaurants
- · Life (Buy-Sell, Key Person, Group Life)
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- Manayunk Office 215.508.9000



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- Option to lock in rate before or after construction²
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- Construction to Permanent
- Purchase and Refinance Renovation and Rehab Loans
- Jumbo and Conventional Options



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Haverford Township Free Library 1601 Darby Road Havertown, PA 19083 610-446-3082 www.haverfordlibrary.org

Library Hours:

Monday through Wednesday10:00 a.m. to 9:00 p.m. Thursday......10:00 a.m. to 6:00 p.m. Friday......10:00 a.m. to 5:00 p.m. Saturday10:00 a.m. to 5:00 p.m. Sunday......1:00 p.m. to 5:00 p.m.

Holiday Closings:

Wednesday, November 27 Closing at 5:00 p.m.

Thursday, November 28 & Friday, November 29 Closed for Thanksgiving Holiday

Tuesday, December 24 & Wednesday, December 25 Closed for Christmas Holiday

Tuesday, December 31 Closing at 1:00 p.m.

Wednesday, January 1 - 2020 Closed for New Year's Day

haverfordtownship free library Decimal Dash Run & Walk Nov 16th www.haverfordlibrary.c rg

Dewey Decimai Dasn Kun and vvaik Saturday, November 16 8:00 am

Don't think you can run a 5K? Come walk to support the Library! Dress up as your favorite book character and compete for prizes in categories such as: Most Creative, Best Picture Book Character and Funniest.

Prizes also awarded for top finishers and top in age group. Consider running as a team and receive a \$5 discount per team runner!

Afterwards, all are invited to warm up inside the Library and join our community celebration, which will include food, storytime, music, raffles, and more!

To register, go to: www.haverfordlibrary.org/dewey

Proceeds from the Dewey Decimal Dash support the Library's collections, programs, and services.

Grange Estate

Holidays at the Grange Estate

Starting Saturday, November 30 and Sunday, December 1 from 1 p.m. - 4 p.m. Mansion tours, Gift Shoppe opening and Cobbs Creek Railroad display in the Carriage House. Tours of the mansion, the Gift Shoppe and Cobbs Creek Railroad continue every Saturday and Sunday from November 30 - January 5, 2020, from 1pm - 4pm. NO MANSION TOURS Sunday, December 8. Trains only.





Flute Choir Saturday, December 7 from 2 p.m. - 3 p.m. Included in the price of the mansion tour.

Christmas Party

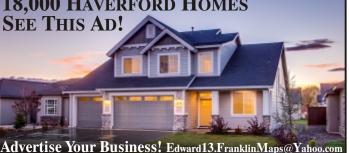
Sunday, December 8 from 4p.m. - 6 p.m. Tickets are \$35 per person.

20 Haverford Township





610.527.1800









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Winter 2019-2020 Newsletter

Senior Citizen Services

Haverford Township Senior Workshop at the Haverford CREC Center

Tuesday November 12th from 10:00 AM to 12:30 PM Register Now Seating is Limited*

Topics:

Surrey Services

Presented by Robert Madonna, CEO of Surrey: Surrey Services for seniors: learn about free transportation, dental and other services for older adults.

Home Security & Protection from Phone and Other Scams Presented by Detective Sgt. Michael Flynn Haverford Police Department Hear tips on how to protect yourself from con-artists and thieves.

Fitness & Exercise Presented by Jackie O'Doherty Fitness Director of the CREC Center *Learn about stretching and exercise techniques.*

Basics of Medicare 101

Presented by Tina Garrity, Tri-State Senior Consultants: *The Do's and Don'ts of Medicare and Medicare Supplemental Plans*

Light refreshments will be served.

Attendance is limited to Haverford Township Residents.

Seating is limited to the first 110 people.

You Can Register Now! At mark.n.cohen1@gmail.com

Please contact all your senior family members and neighbors who may not utilize social media to make them aware of the workshop.

Sponsored by the Haverford Township Senior Advisory Council



Haverford Township Adult School Learn, Grow, Connect!

CELEBRATING 62 YEARS OF COMMUNITY EDUCATION

November Classes At HTAS • Parenting Seminar:

- Mental Health and Your Child
- Holiday Craft Classes
- Successful Downsizing
- Abraham Lincoln: Slavery and the Civil War
- Foundations of Chinese Civilization
- Italian Market Tour
- Cast Iron of Veggies
- Dessert Lab With Savonna

Register at *www.haverfordadultschool.org* or call our office at 610-853-5919 HTAS OFFICE IS NOW LOCATED AT OAKMONT BUILDING, 50 E. EAGLE ROAD

If you have enjoyed our classes, consider joining our volunteer board. Go to our website and click on "Download HTAS Board Application"

Bring a friend and learn together -HTAS - Learn-Grow-Connect

The Haverford Township Historical Society

Needs New Members

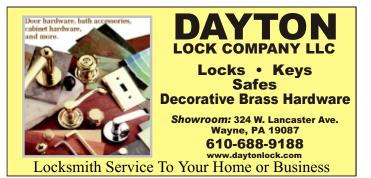
NINGERS RESERVED

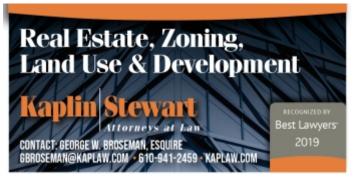
The HTHS was formed in 1939 to promote and sustain interest in the rich history of our community, the society has played a critical role in preserving property, documents and information pertaining to Haverford Township. The society maintains three Township owned historic buildings including Nitre Hall, The Federal School and Lawrence Cabin. We are pleased to work in conjunction with the school district to provide award winning educational programs for fourth and fifth graders with the Colonial Living Experience. All three of our buildings are used for the programs. The Heritage Festival, the Holiday House Tour and Oktoberfest serve as our big fundraisers each year. Nitre Hall is open the last Sunday of the month from June to September for the community to learn about the history of Powder Mill Valley. We need community involvement in the form of membership and donations to continue our mission and for ongoing projects at our buildings. These improvements will enhance future events at the sites. Please visit our website at *haverfordhistoricalsociety.org* for information on upcoming events and to click on to membership for a link to pay-pal. Donations may also be sent to HTHS Po. Box 825 Havertown, Pa. 19083 We hope you consider becoming a member or make a donation to help preserve the past while propelling us into the future.

Thank you, Board of Directors HTHS

Haverford Township

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Winter 2019-2020 Newsletter

Skatium News



1018 Darby Road Havertown, PA 19083 610-853-2225 Information Line 610-853-3252 Business Office www.haverfordskatium.com Facebook: Haverford Skatium Twitter: @HavSkatium

Winter and Spring Public Skating Hours:

Sundays 12:15 p.m. to 1:45 p.m.

Monday through Friday 10:00 a.m. to 12:00 p.m.

Friday Evening 7:00 p.m. to 8:30 p.m.

Saturday

1:45 PM to 3:15 PM and 8:45 PM to 10:15 PM

Times Subject to Change. Please Call for updated times

Prices:

Adult: \$8.00 Child (Under 6): \$6.00 Seniors: \$3.00 Skate Rental: \$2.00 Skate Helpers: \$3.00

Cash, Credit (Visa or MasterCard) or Check Accepted!

Skatium Memberships:

10 Admission Passbook for use at any of our Public Skating Sessions

\$65.00 Township Residents (\$75.00 with Skate Rental)

\$70.00 Non-Residents (\$80.00 with Skate Rental) The Haverford Skatium has been the premier winter sports facility in Delaware County since it opened its doors in 1974. Proudly serving Haverford Township, the rink offers the best NHL regulation sized rink with year round ice hockey, figure skating, camps, clinics, skating lessons, public skating and special events. In addition to our facilities programs the rink features the Have-A-Burger restaurant and Hockeytown Pro Shop. Both are privately owned and are valuable parts of our facility.

Private Ice Rental and Group Outings:

The Skatium is available to rent at an affordable cost. We also offer Group Rate Pricing for Scout Troops, School and Church Groups and other organizations. For more info please call (610) 853-3252 or e-mail *rturnbull@havtwp.org*.

Learn to Skate Program:

For private and group skating lessons please contact our Skating Director, Kristin Caparra at (610) 853-2085 or e-mail *kc.skatium@yahoo.com*. Lessons are offered on Tuesdays 4:00 p.m. to 5:00 p.m. and Sundays from 3:00 p.m. to 5:00 p.m. A hockey clinic is also offered on Sundays from 1:55 p.m. to 2:55 p.m. More information can be found on our website under "Learn to Skate."

Figure Skating Information:

Crossroads Figure Skating Club is offered to boys and girls, 3 years of age to adult.

Freestyle (Figure Skating Practice) Ice Time: Monday, Wednesday & Friday: 7:30 a.m. - 9:45 a.m. Tuesday & Thursday: 6:00 a.m. - 9:45 a.m. and 3:15 p.m. - 5:15 p.m. \$16.00 for each one hour session www.crossroadsfsc.org



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Hockeytown is your stop for all your lce Hockey Equipment needs as well as ordering T-Shirts, Screen Printing and Embroidery for any team or company event.

Skate Sharpening by Frank's Sharpening, Performance Edges, now available before & during all hockey games. Appointments available, call Frank at (267) 432-4280

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Capital Park Improvement Update

Work has started on the Capital Parks Improvement Plan that the Board of Commissioners approved last November, beginning with reconfiguring the football field at Veterans Park which was impacted by the construction of the new municipal building.

This 5-year plan is a generational investment in our Township parks.

The tennis courts at Paddock, Coopertown, and Westgate are being resurfaced, and 4 pickle ball courts added at Westgate Park, replacing 2 of the 4 old tennis courts. Pickle ball is a fast growing sport for people of all ages.

New play equipment is scheduled to be installed at Chatham Glen and Llanerch Parks this fall along with new swings at Grasslyn. New fencing was installed at Richland Farms, Westgate, Paddock and Coopertown.

The sidewalks and pathways at Coopertown, Elwell, Normandy, Merwood, Grange, Grasslyn, Bailey, Chatham Glen, Hilltop, Richland Farms, Llanerch, Westgate, Thompson Nature and Paddock are being resurfaced.

New handsome green trashcans will replace the old blue barrels that have been used at the parks for many years and the parking lots at Hilltop Park are being resurfaced.

Planned work for 2020 includes more upgrades at Richland Farms, replacing the backstop and lights at Veterans Field, resurfacing basketball courts throughout the Township and other work TBD.







²⁶ Haverford Township





CREC Special Events



KIDS NIGHT OUT

Parents, are you looking to get the kids out of the house? Have them join us for games in the gym, gaga ball, crafts, face painting, music, tournaments, themed nights and movies at the Haverford Reserve. Pizza is included. Ages: 6-12

Dates: 11/8, 12/20, 1/17, 2/21 3/20 Time: 6-9pm Location: CREC Fee: \$16

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CREC Bus Trips

CHILLY RUN

8th Annual Chilly Trail Run Saturday, December 7

This 5k run will take you through 3 miles of beautiful trails in the Haverford Reserve.

Great for beginners and seasoned trail runners alike!

All pre-registered runners receive a long sleeve-racing shirt.

Light refreshments served after the race.

Walk up registration begins at 7:45am in the CREC lobby.

Race begins at 9am Fee: \$30 for adults - \$15 under 17

Walk-up registration begins at 5am in the CREC lobby.



PANCAKES WITH SANTA Bring your family to the CREC for a delicious breakfast with Old St. Nick. You'll get a chance to sit on Santa's lap and tell him about your Christmas wishes. Don't forget to bring your camera! Date: Saturday, December 14 Time: 9-11am Location: CREC Fee: \$14 per person (Children under 2 are free)

Ain't Too Proud: The Life and Times of the Temptations:

Tony Award winning, Ain't Too Proud follows The Temptations' journey from the streets of Detroit to the Rock & Roll Hall of Fame. With their signature dance moves and unmistakable harmonies, they rose to the top of the charts creating an amazing 42 Top Ten Hits with 14 reaching number one. Through friendship and betrayal amid the civil unrest that tore America apart, their moving and personal story still resonates five decades later. **Date: November 20 (Wed)** Fee. \$209

Time: Bus leaves Glendale Park at 7:30am; returns 7:30pm

New York on Your Own

Take in New York City in the crisp fall! Spend the day shopping, seeing a show, or visiting a museum it's up to you. **Date: November 20 (Wed)**, Fee: \$59

Visit New York City during the holidays! Spend the day shopping and looking at the decorated store windows, see a show, or visit a museum.

Date: December 11 (Wed), Fee: \$59 Time: Bus leaves Glendale Park at 7:30am; returns 7:30pm

Radio City Christmas Show

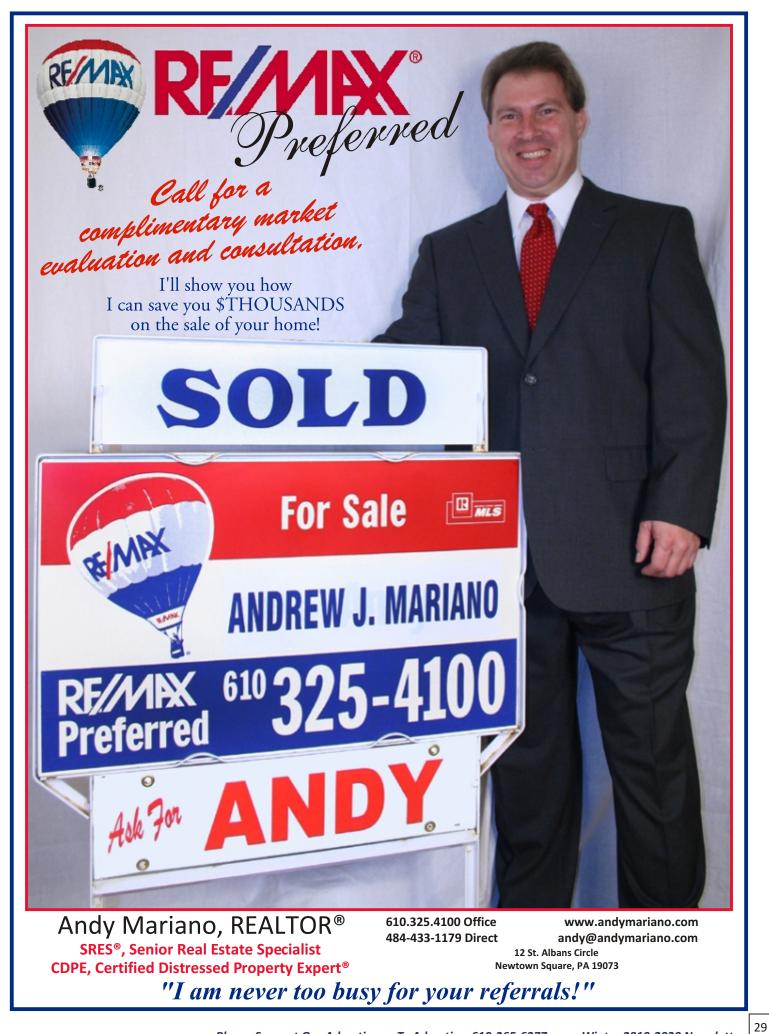
Join us on our annual NYC holiday bus trip to New York City to see the famous Radio City Rockettes Holiday show. Trip includes free time in New York City and great seats to the holiday matinee show. **Date: December 11 (Wed)** Fee: \$149 Time: Bus leaves Glendale Park at 7:30am; returns 7:30pm

Trip Itineraries - Times are subject to change. Itinerary will be emailed 1 week prior to the trip.

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Winter 2019-2020 Newsletter

Health Corner

Back to School Safety for Hands and Arms

By: Dr. Matthew Wilson, Orthopedic Hand Surgeon Philadelphia Hand to Shoulder Center

The start of the new school year brings an increase in many activities that can cause injuries to hands, wrist, arms, elbows and shoulders. Here are some tips for keeping kids safe while they participate in their favorite activities.

Young athletes are at risk for common injuries like fractures, dislocations, ligament injuries, tendon ruptures, and tendonitis. Often these injuries are due to accidents and falls during play, but they can also be caused by overuse. Sports such as tennis, golf, field hockey, ice hockey and lacrosse can cause overuse injuries to hands, elbows and shoulders because of the swinging and shooting motion needed. Baseball pitchers are especially at risk for overuse injuries due to repetitive motion and should follow the recommended pitch counts for their age.





Musicians may risk injury if they overuse their hands by playing their instrument for several hours every day. They are also at risk for neck and shoulder injuries. Nerve compression is quite common due to holding an instrument in the same position for a long period of time. An important strategy for avoiding overuse injuries is for musicians, their instructors and their families to recognize when it's time to take a break from playing.



Young children are at risk for hand and arm injuries on the playground. The National Program for Playground Safety reports that 80 percent of playground injuries are caused by falls. The U.S. Consumer Product Safety Commission recommends that the area where a child might fall should have a protective surfacing extending at least six feet in all directions and should be at least 12 inches deep. Protective surfacing can be made of wood chips, mulch, sand, pea gravel, shredded tires or rubber mats. Adequate supervision is also important. Climbing bars and "monkey bars" cause more falls and injuries than any other type of playground equipment. Parents can encourage kids to stick to the swings or slide or teach them a few games they can play with friends that don't involve climbing equipment.

When to See a Doctor

Most hand, wrist, arm, elbow and shoulder injuries can be treated at home with rest, ice, elevation and over the counter anti-inflammatory medication. However, some injuries need to be evaluated by a hand specialist. Open wounds, fractures, dislocations, jammed fingers, crushed fingertips or fingernail injuries, swelling that doesn't improve within a few days, or loss of motion are signs that a child should be evaluated by a hand surgeon. If your child has sustained an injury and you are unsure of its severity, call us at 1-800-385-7472 to reduce the risk of permanent damage.

Dr. Matthew Wilson is a boardcertified orthopedic hand surgeon with the renowned Philadelphia Hand to Shoulder Center. With 17 state-ofthe-art offices in PA and NJ, Dr. Wilson and his physician colleagues welcome new patients with hand, wrist, arm, elbow and shoulder injuries and conditions. Visit Hand2ShoulderCenter.com to learn more or call 1-800-385-7472 to schedule an appointment.





Philadelphia Hand to Shoulder Center

Haverford Township











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